

Our School Values:

RESPECT, RESILIENCE, TEAMWORK & COLLABORATION and COMMUNITY



Dear Parents,

2023 SCHOOL REVIEW- PARENT SURVEY

Next week a survey link will be sent to all families as a part of our school review. Parents and carers play an important role in the school review process and your feedback is critical to providing commentary around achievements we have made over the past 4 years and areas that can be improved upon as we move towards a new Strategic Plan. There are 3 questions to answer, so the survey should only take a maximum of 15 mins.

ATTENDANCE - EVERYDAY COUNTS

Going to school every day is the single most important part of your child's education. Students learn new things at school every day – missing school puts them behind. If students miss school regularly, they miss out on learning the fundamental skills that will set them up for success in the later years of school. There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes. Each missed day is associated with progressively lower achievement in numeracy, writing and reading.

BEING AWAY FROM SCHOOL FOR ONE DAY A FORTNIGHT EQUALS MISSING 1.5 YEARS OVER 13 YEARS OF SCHOOL

If for any reason your child must miss school, there are things you can do with your school to ensure they don't fall behind. Remember, every day counts. If you're having attendance issues with your child, please let your classroom teacher know so we can work together to get your child to school every day

SLEEP HEALTH

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood. Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- *low mood and irritability during social interactions*
- *reluctance or arguing about getting off devices and going to bed*
- *falling asleep during the day*
- *difficulties waking up for school and sleeping in late on weekends to catch up*
- *changes to communicating or interacting at home.*

You can help your child to improve their sleep by:

- *establishing a regular sleep pattern and consistent bedtime routine*
- *supporting them to avoid using electronic devices such as smartphones before going to bed and in bed*
- *encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep*
- *encouraging them to wind down and relax before going to bed.*

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or waking unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to:

** Sleep tips for children and Facts about sleep for parents and school staff, from the Sleep Health Foundation * Why sleep is so important, from the Kids Helpline's * Sleep explained, from the Better Health Channel.*

Jason Lee, PRINCIPAL

17TH MARCH, 2023

101 BRUNEL STREET

HUNTLY VIC 3551

PHONE (03) 5448 8866

Email: huntly.ps@edumail.vic.gov.au

PRINCIPAL **MR JASON LEE**

DIARY DATES

Wed-Fri	15-24	March	NAPLAN Testing - Grade 3 and 5 students
Monday	20th	March	School Council Annual General Meeting
Tuesday	21st	March	Breakfast Program - 8.10am to 8.30am. All students welcome.
Wednesday	22nd	March	Food Share Program - every Wednesday
Wednesday	22nd	March	School Photos will be taken. (see newsletter article)
Thursday	23rd	March	Breakfast Program - 8.10am to 8.30am. All students welcome.
Thursday	23rd	March	Zooper Dooper Day - second lunch @ \$1.00 each
Friday	24th	March	National Ride 2 School Day (see newsletter article)
Friday	24th	March	School Lunch Order Day - (orders close 10am Thursday 23rd March)
Friday	24th	March	Harmony Day - a celebration of a multi cultural community (see newsletter article)
Monday	27th	March	Gymnastics Program 5/6S, 3/4D, 5/6M, 3/4L, 5/6L & 3/4GT
Wednesday	29th	March	Easter Raffle Tickets due back (see newsletter article)
Monday	3rd	April	Easter Hat Parade 9.10am and Easter Raffle Draw
Thursday	6th	April	School Cross Country
Thursday	6th	April	End of Term 1. Students dismissed at 2.30pm

SCHOOL PHOTOS WEDNESDAY 22ND MARCH

The school photos will be taken next Wednesday 22nd March by MPS Photography. Ordering will be the same as last year with all orders being made online through COMPASS.

Families should have received an instruction sheet from MPS Photography via Compass email on 8th March. Please note children will not receive an order envelope.

FAMILY PHOTOS – Must be ordered prior to photo day using the Compass Portal.

School Photos online orders close at midnight Wednesday 29th March.

Late Orders can be accepted after Thursday 30th March through Compass or by contacting **03 5482 3190** or . All late orders incur an extra \$20 for postage and handling.



EASTER HAT PARADE & FUNDRAISER

On Monday 3rd April, the JSC is running an Easter Hat Parade to raise money for the Good Friday Appeal.

The parade will be from 9:10am – 9:30am and family members are welcome to stay and watch.

Students are encouraged to bring a gold coin to donate to the cause.

Any student who wears an Easter hat in the parade will have their name placed in a raffle to win 1 of 4 prizes!

*** Please note this is not an out of uniform day.**

Thank you, Mrs Trahair & JSC



CHICKEN POX



We have had notification of a case of chicken pox in our junior school this week.

If your child presents with chicken pox please inform the school office and exclude the child from school until

blisters have dried. This is usually at least 5 days after the rash appears in unimmunised children, but may be less in previously immunised children.

COMMUNITY CONNECTIONS

EASTER RAFFLE

Tickets for the annual Easter Raffle have been sent home with students last week. Extra tickets are available from the school office.

Any Easter related DONATIONS will be gratefully accepted at the school office e.g. easter eggs, baskets, easter themed items, etc.

Tickets must be returned to school by Wednesday 29th March to be in the draw. Raffle will be drawn at the end of the Easter Hat Parade on Monday 3rd April.



HARMONY WEEK



It is a time to celebrate Australian multiculturalism, and the successful integration of migrants into our community.

Australia is one of the most successful multicultural countries in the world and we should celebrate this and work to maintain it.

Harmony Week is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

Let's Wear Orange!

Orange is the colour chosen to represent Harmony Week. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect. Students at Huntly Primary School can choose to **wear something orange on Friday 24th of March** to show their support for cultural diversity and an inclusive Australia. As part of the celebration students will also have the opportunity to enjoy a sausage in bread as part of a traditional Australian BBQ. If your child has any dietary requirements please let their teacher know.





NATIONAL RIDE 2 SCHOOL DAY

FRIDAY 24TH MARCH

National Ride2School Day is the perfect opportunity to establish new healthy habits and promote the many benefits of active travel.

On Friday 24 March, we encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go.

RESILIENCE, RIGHTS AND RESPECTFUL RELATIONSHIPS (RRRR)

The Resilience, Rights and Respectful Relationships (RRRR) learning materials have been designed for teachers to develop students' social, emotional and positive relationship skills.

Efforts to promote social and emotional skills and positive gender norms in children and young people has been shown to improve health related outcomes and subjective wellbeing. It also reduces antisocial behaviours including engagement in gender related violence.

Students will participate in weekly sessions throughout the year, covering 8 topics.

This term our first focus will be around Emotional Literacy.

To understand ourselves and other people. Express and manage our own emotions, build empathy and respond appropriately to the emotions of others. Building vocabulary for emotions to increase emotional literacy and build self-awareness and empathy for others.

Each week a class will share an activity via the newsletter.

As part of our Respectful Relationships program this week 3/4GT discussed different types of emotions we might feel in class. We brainstormed both positive and negative feelings and how these might change throughout the day. We have shared some examples of how we feel positive. Next week we will look at how we might help each other 'flip' any negative feelings.



SUSTAINABILITY TEAM

Congratulations to our two new leaders, Hugh A and Keira-Lee H. A great start to the year with 30 students from the Sustainability Team turning up at lunch time to weed the vegetable garden beds. The Team would greatly appreciate donations of plants, seedlings, seeds, mulch and compost for Term 2. Please contact Mrs Johnson with regards to donations via the front desk.



BOOK CLUB



Issue 2 of Book Club is now closed. Thank you for everyone who made a purchase.

All orders should arrive and be distributed within two weeks.

If you have any questions about Book Club, please feel free to contact me.

Regards, Morgan Trahair.

ZOOPER DOOPER DAY

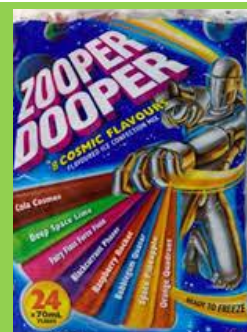
THURSDAY 23RD MARCH

Second Lunch

\$1.00 each, limit 3 per student.

Please remember to put your rubbish in the bin.

Thank you, Mrs Trahair & JSC



WEEKLY STUDENT AWARDS

*These awards reflect our school values of: **Respect, Resilience, Community and Collaboration.***

Congratulations to the following students, Mr Lee will present them with their Student Recognition Award at assembly on Monday afternoon at 3.10pm.

F/1A - Harrison M: *for bouncing back quickly when faced with new challenges.*

F/1M - Fletcher H: *for displaying great courage to balance on the high beam at gymnastics.*

F/1C - Skyler-Jayde S: *for approaching all learning tasks with a positive attitude.*

F/1Mac - Addison S: *for her dedication to learning her One Word in Spelling.*

2H - Evie M: *for being a kind and helpful member of our class.*

2T - Jakobi W: *for working on displaying a persistent and positive attitude towards his learning.*

3/4 GT - Alannah H: *for being a positive, hardworking member of the class. Who is always trying her best.*

3/4 D - Trayle K: *for his impressive growth in his writing skills.*

3/4 L - Brodie C: *for responding to encouragement to speak up in class.*

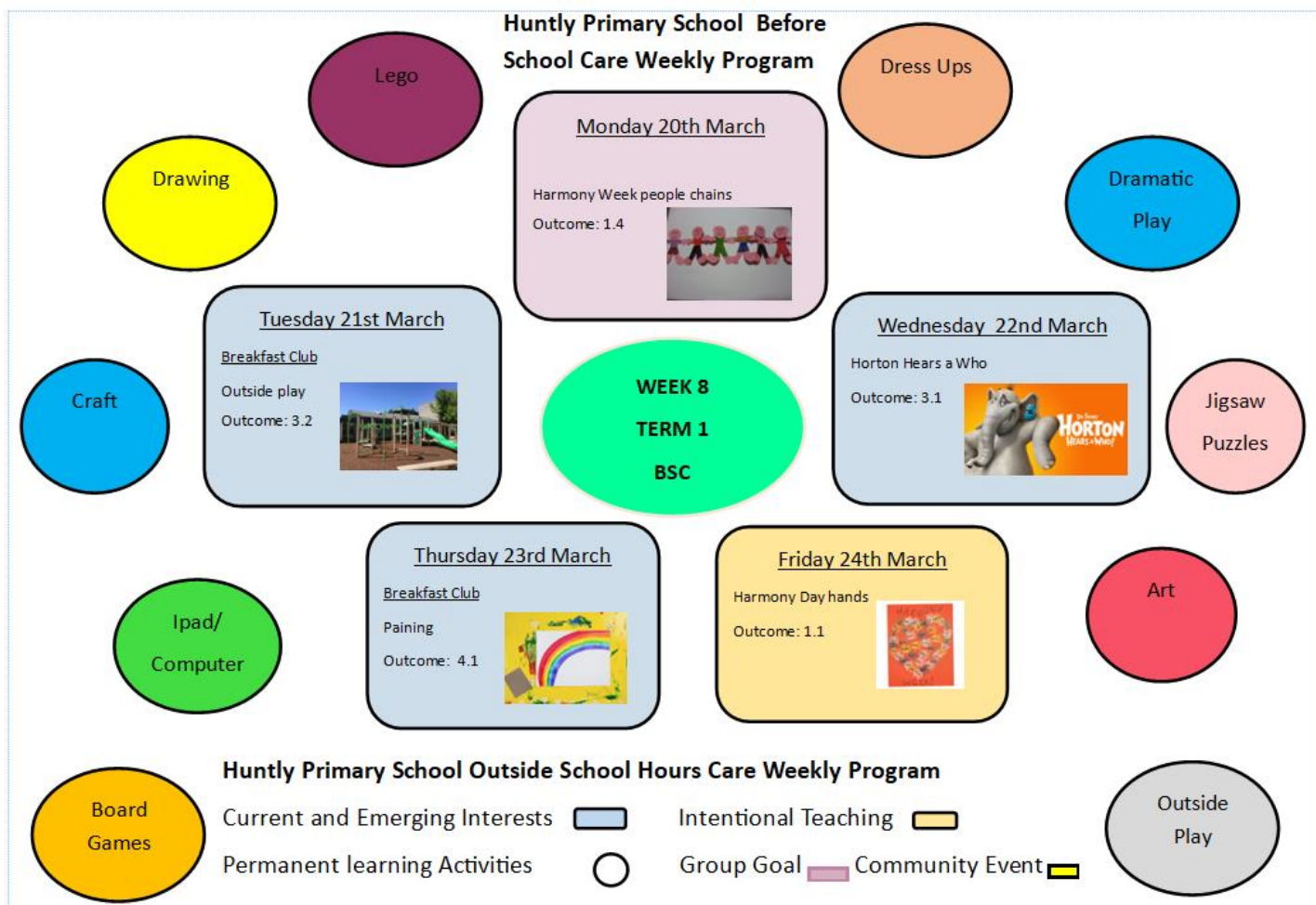
5/6 S - Lesley A: *for the fantastic comic strip she created during writing.*

5/6 L - Erin M: *for taking pride in her leadership role and looking for opportunities to improve the school.*

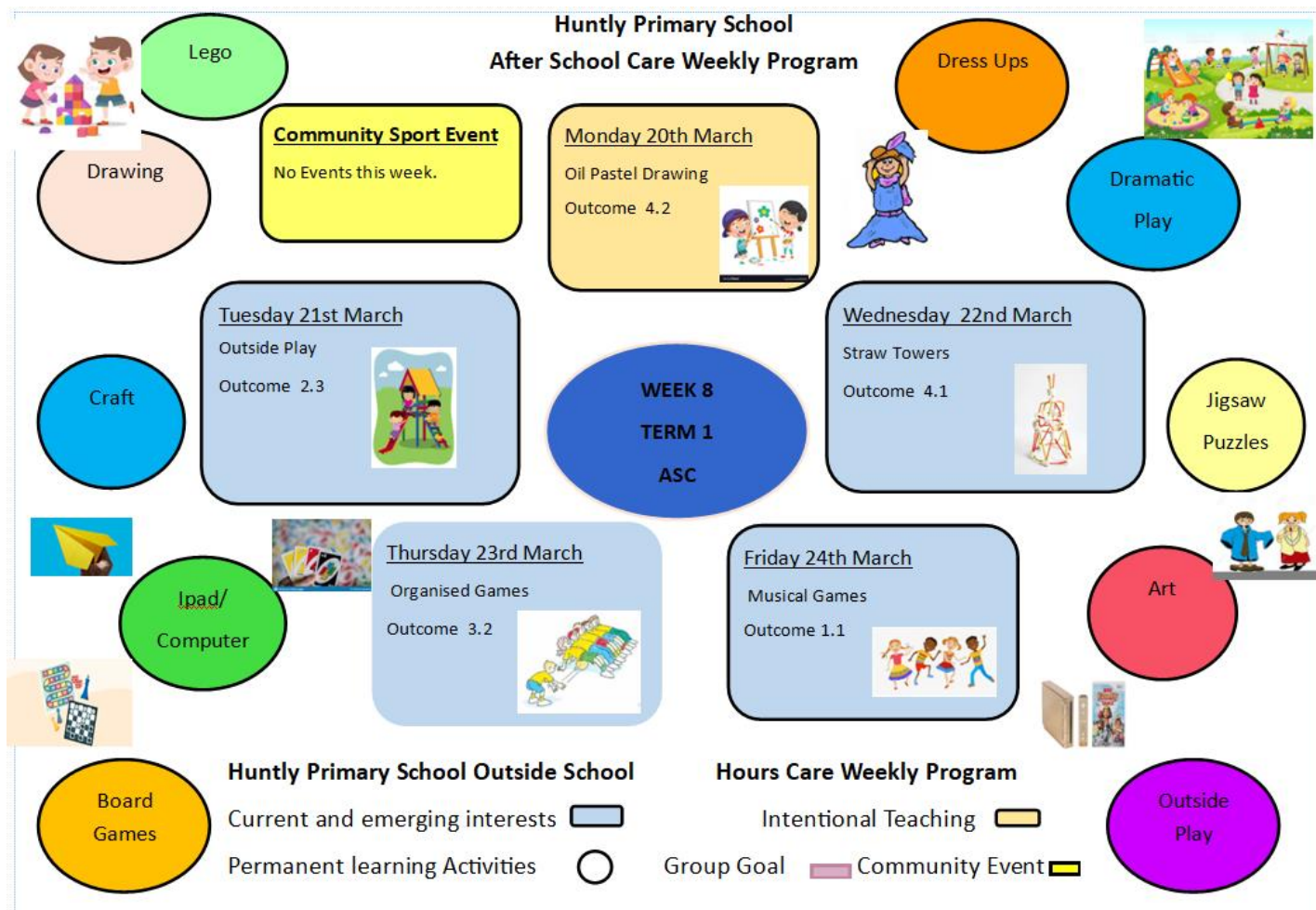
5/6 M - Alby H: *for being a kind and supportive member of our class.*

OUTSIDE SCHOOL HOURS CARE

Before School Care Program.....



After School Care Program.....



COME & TRY FOOTY 4 FUN



Experience Australia's most loved sport through AFL Victoria's FREE Footy 4 Fun events delivered across Victoria! A footy experience full of fun activities, modified games & memorable moments to take home with you!

Footy 4 Fun 'Come & Try' is an opportunity for kids aged 5-12 years to experience an introduction to the basics of football in through fun activities.

WHERE:

WEEROONA OVAL

WHEN:

MONDAY 17TH APRIL
9:30AM - 10:30AM



REGISTER HERE!

If you haven't already registered your child for our Net Set Go program, scan the QR code to register your interest and be apart of the Huntly Hawks Net Set Go program for 2023

This year our program is divided up into two tiers: Where you begin depends on your age and netball experience, but there's no skill level required to get started.



HUNTLY



FOOTBALL NETBALL CLUB

**PRIMARY NETBALL
NET SET GO
11 AND UNDER**

**SCAN QR CODE
TO REGISTER**



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Welcome

欢迎

Wominjeka

Play in the Garden Day

CELEBRATING NATIONAL PLAYGROUP WEEK

10AM - 1PM

TUESDAY MARCH 21

GARDEN FOR THE FUTURE
BOSQUET STREET, WHITE HILLS

FREE
EVENT

LOTS OF FUN, FREE ACTIVITIES INCLUDING:

- ANIMAL FARM AND PONY RIDES
- FACE PAINTING
- MUSIC AND ENTERTAINMENT
- BUBBLE PLAY AND CIRCUS ACTIVITIES
- ART AND CRAFT ACTIVITIES
- STORY TIME SESSION
- WALKING TOURS OF LARNI GARINGILANG
(MEANS HOME OF GROWTH IN THE
LANGUAGE OF THE DJA DJA WURRUNG)
- CONNECT WITH LOCAL EARLY
YEARS SERVICES



FREE FRESH FRUIT • \$2 SAUSAGES and VEGGIE BURGERS • COFFEE AVAILABLE

Coliban Water refill unit available please remember to bring your drink bottle

