Huntly Primary School

Sunsmart POLICY





Help for non-English speakers

If you need help to understand the information in this policy please contact the school office, 54488866

PURPOSE

The purpose of this policy is to encourage behaviours at Huntly Primary School to minimise the risk of skin and eye damage and skin cancer.

This policy provides guidelines to:

- support staff and students to use a combination of sun protection measures when UV index levels are 3 or above (generally mid-August end of April)
- ensure that there are outdoor environments that provide adequate shade for students and staff
- ensure students are encouraged and supported to develop independent sun protection skills to help them to be responsible for their own protection
- support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure and associated harm for students and staff.

SCOPE

This policy applies to all school activities, including camps and excursions. It is applicable to all students and staff.

POLICY

Excessive exposure to the sun's ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer.

UV radiation:

- cannot be seen or felt
- can be reflected off surfaces such as buildings, asphalt, concrete, water, sand and snow
- can pass through light clouds
- varies in intensity across the year (highest in Victoria from mid-August end of April)
- peaks during school hours.

Sun safety is a shared responsibility and staff, parents and students are encouraged to implement a combination of sun protection measures whenever UV levels reach 3 and above (typically from mid-August to the end of April in Victoria). Information about the daily local sun protection times is available via the free SunSmart app, or at sunsmart.com.au or bom.gov.au.

School council approved this policy on [22.11.21].

Huntly Primary School **has** the following measures in place to help reduce the risk of excessive UV sun exposure for staff and students.

Shade

Huntly Primary School will provide sufficient options for shelter and trees to provide shade on school grounds, particularly in places such as:

- where students congregate for lunch
- the canteen
- outdoor lesson areas
- popular play areas (including the junior playground)
- hardcourt /basketball area (from Term 1 2022)

When building works or grounds maintenance is conducted at Huntly Primary School that may impact on the level of shading available to staff and students, a review of the shaded areas available will be conducted and further shading installed as appropriate.

Sun protective uniform/clothing

Huntly Primary School recommends that from the beginning of September (exact date to be set by the school annually) to April students and staff wear sun-protective clothing including:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops (elbow length)
- shorts / skorts
- rash vests or t-shirts for outdoor swimming activities.
- hats when outside

Students are required to wear a school hat or another hat style that protects the face, neck and ears when outdoors, for example broad-brimmed, legionnaire or bucket. Students who are not wearing appropriate protective clothing or a hat may be asked to play in the shade or in a suitable area protected from the sun.

Sunscreen

Huntly Primary School encourages all staff and students to apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen daily whenever UV levels reach 3 and above. Sunscreen should be applied at least 20 minutes before going outdoors, and reapplied every two hours according to manufacturer's instructions.

Staff and families should role model SunSmart behaviour and are encouraged to apply SPF 30+ (or higher) broad-spectrum, water-resistant sunscreen when outside from the beginning of September to the end of April or whenever UV levels reach 3 and above. Parents, of students who may suffer from allergic reactions from certain types of sunscreen are encouraged to contact the school to implement a management plan to reduce the risk of an allergic reaction at school.

Curriculum

Students at our school are encouraged to make healthy choices, and are supported to understand the benefits and risks of sun exposure. Huntly Primary School will address sun, UV safety and Vitamin D education as part of the curriculum.

Staff are encouraged to access resources, tools, and professional learning to enhance their knowledge and capacity to promote sun smart behaviour and Vitamin D education across the school community.

School council approved this policy on [22.11.21].

Communication

This policy will be communicated to our school community in the following ways:

- Available publicly on our school's website
- Included in staff induction processes
- Reminders in our school newsletter

FURTHER INFORMATION AND RESOURCES

- the Department's Policy and Advisory Library:
 - o Sun and UV Protection Policy
 - o <u>Duty of care</u>
- <u>SunSmar</u>t
- <u>Achievement Program</u>'s SunSmart policy

POLICY REVIEW AND APPROVAL

Policy last reviewed	22 nd November 2021
Approved by	School Council
Next scheduled review date	November 2024