

Community



Looks like

- Giving
- Sharing
- Playing together
- Taking care of others
- Helping
- Role model



Sounds like

- Saying
 - "I'll help you."
 - "I'll play with you."
 - "I'll care for you."
 - "Good morning."
- Politely greeting others
- Using people's names



Feels like

- Happy
- Calm
- Welcoming
- Included
- Safe
- Bouncing back

Resilience



Looks like

- 'Naming it'
- Recovering from a problem
- Being your best
- Trying hard



Sounds like

- "I can do it"
- "I'll be OK"
- Positive language
- Positive self-talk



Feels like

- Happy
- Calm
- Trying
- Relaxed
- Brave
- Proud

Respect



Looks like

- Using Manners
- Active listening: look at person, positive body language
- Looking after yours and others things
- Cleaning and packing up
- Helping
- Thinking of others
- Including others
- Kind words



Sounds like

- "Can I help?"
- Manners
- Sharing
- Taking turns
- Valuing others opinions
- "Are you OK?"



Feels like

- Being cared for
- Kind, safe, loved
- Happy
- Listened to
- Valued

Teamwork/ Collaboration



Looks like

- Helping each other
- Teaching others
- Working together
- Speaking nicely
- Taking turns
- Joining in
- Being Involved



Sounds like

- Nice
- Using Kind voices
- Soft voices
- Manners, like:
 - "Excuse me"
 - "Thank you"
 - "Pardon me"
 - "Please"
- Encouraging others
- Asking: "Can I help you?"



Feels like

- Happy
- Excited
- Glad
- Nervous
- Included
- Fun
- Fair/equal